

# Diabetes Medical Nutrition Therapy (MNT) Referral Form to:



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Patient's Last Name: \_\_\_\_\_ Patient's First Name: \_\_\_\_\_ Patient's Middle Initial: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State/Zip Code: \_\_\_\_\_

Preferred Contact #: \_\_\_\_\_ Other Contact #(s): \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Gender: \_\_\_\_\_ M/F \_\_\_\_\_ DOB: \_\_\_\_\_ Insurance: \_\_\_\_\_

Ht: \_\_\_\_\_ Wt.: \_\_\_\_\_ Waist Circumference: \_\_\_\_\_ Physical Activity Restrictions: No \_\_\_\_\_ Yes \_\_\_\_\_

Lab	Value	Date
BP	mmHg	
Glucose	mg.dL	
A1C	%	
TC	mg.dL	
HDL	mg.dL	
LDL	mg.dL	
TG	g/dL	
Cr	mg/dL	
GFR	mL/min	
Microalbumin	mg	

Med	Dose	Frequency
<b>(attach extra page, if necessary)</b>		

**ICD-10 Medical DX (circle all that apply)**

E11.9	Type 2 DM w/o complications	024.01	Pre-ex. DM, type 1, in preg.
E10.9	Type 1 DM w/o complications	024.11	Pre-ex. DM, type 2, in preg.
E11.65	Type 2 DM w/ hyperglycemia	021.41	GDM, diet-controlled
E10.65	Type 1 DM w/ hyperglycemia	024.414	GDM, insulin-controlled
E11.69	Type 2 DM w/ other spec. comp.	R73.01	Impaired fasting glucose
E10.10	Type 1 DM w/ ketoacidosis	R73.02	IGTT (oral)
<b>Other (please list with ICD-10):</b>		E16.2	Hypoglycemia, unspecified

**Reason for MNT (circle all that apply):**

Nutrition \_\_\_\_\_ Medication Ed. \_\_\_\_\_  
 Physical Activity \_\_\_\_\_ Disease Process \_\_\_\_\_  
 Monitoring \_\_\_\_\_ Complication Ed. \_\_\_\_\_  
 Goal Setting/Problem Solving \_\_\_\_\_ Psychological Adjustment \_\_\_\_\_

**MNT Frequency:**

Initial MNT/new dx (3 hrs. in calendar yr. of dx)  
 Annual follow-up MNT (2 hrs. annually)  
 Additional hrs. requested: \_\_\_\_\_  
 List reason (change in medical cond., tx, &/or dx): \_\_\_\_\_

**Complications/Comorbidities (circle all that apply):**

HTN \_\_\_\_\_ Neuropathy \_\_\_\_\_ PVD \_\_\_\_\_ Obesity \_\_\_\_\_  
 Dyslipidemia \_\_\_\_\_ Retinopathy \_\_\_\_\_ CAD \_\_\_\_\_ Kidney Disease \_\_\_\_\_  
 Other (please list): \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ NPI #: \_\_\_\_\_

Practice Contact Information: \_\_\_\_\_ Date: \_\_\_\_\_